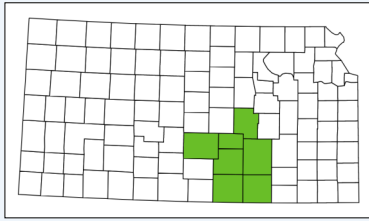


Adult Obesity - 2015

Public Health Preparedness Region: South Central Metro Region

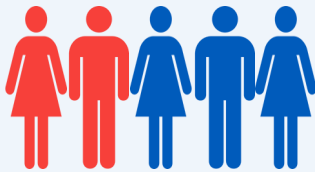


Counties

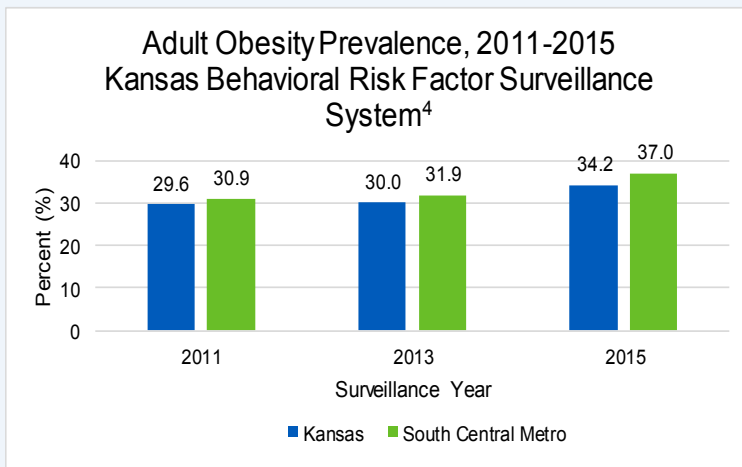
Butler, Cowley,
Harvey, Marion,
Reno, Sedgwick
& Sumner

Overview

Almost 2 in 5 adults ages 18 years and older in the South Central Metro Region were obese. The obesity prevalence for this region (37.0%, 95% CI: 35.3% to 38.7%) is **significantly higher** than Kansas (34.2%, 95% CI: 33.4% to



The prevalence of obesity has **significantly increased** in this region in 2015 compared to 2011 (30.9%, 95% CI: 29.2% to 32.6%) and 2013



For more information, contact: Kansas Department of Health and Environment. Bureau of Health Promotion. 1000 SW Jackson, Suite 230, Topeka,

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Significantly higher obesity was seen among:

- Those who were 45 to 65 years, compared to those 18 to 44 years and 65 years and older,
- Those who identified African American, compared to those who identified as White or as Other,
- Those who identified as Hispanic, compared to those who did not identify as Hispanic,
- Those with a high school degree or less, compared to those with some college or a college degree,
- Those who were living with a disability, compared to those living without a disability, and
- Those who did not participate in physical activity outside of their regular job, compared to those who did participate in physical activity outside of their regular job.
- There were no significant difference in prevalence of obesity among other demographic



Table 1. Adult Obesity Among Population Sub-groups⁴

Region	Weighted %	95% CI
Kansas	34.2%	33.4% - 35.0%
South Central Metro Region	37.0%	35.3% - 38.7%
Age Group		
18 to 44 Years	34.6%	31.9% - 37.3%
45 to 64 Years	43.3%	40.6% - 46.0%
65 Years and Older	31.7%	29.0% - 34.3%
Race Group		
White	35.8%	34.1% - 37.5%
<i>African American</i>	<i>50.4%</i>	<i>41.9% - 59.0%</i>
<i>Other</i>	<i>30.6%</i>	<i>21.9% - 39.2%</i>
<i>Multi-Race</i>	<i>42.8%</i>	<i>30.9% - 54.8%</i>
Ethnicity Group		
<i>Hispanic</i>	<i>45.8%</i>	<i>38.9% - 52.6%</i>
Non-Hispanic	36.3%	34.6% - 38.0%
Disability Status Group		
Living with a Disability	45.8%	42.3% - 49.2%
Living without a Disability	34.0%	32.1% - 35.9%
Leisure Time Physical Activity Group		
Participates in leisure time physical activity	34.3%	32.3% - 36.4%
Does not participate in leisure time physical activity	45.2%	41.8% - 48.7%

Notes:

Numerator: Respondents with a BMI greater than or equal to 30, based on self-reported height and weight. Denominator: All respondents, excluding unknowns and refusals. Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to the Technical Notes for more information at <http://www.kdheks.gov/brfss/>

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